

11 Characteristics of an Authentic Person

1. They don't bother with material objects
2. They value experience
3. They listen to others
4. They're not afraid to express themselves
5. They're not a people pleaser
6. They value giving love
7. They love themselves
8. They see and acknowledge their faults
9. They embrace their uniqueness
10. They stick to their morals and values
11. They listen to their inner voice