



AVOIDING DISTRACTIONS



Distractions affecting networking:

- Cell phone
- Noise
- People interruptions
- Email
- Mind wandering
- Handing out business cards
- Talking too much
- Going to the wrong type of networking event
- Wasting time on the wrong kind of 1:1
- Not being prepared or focused
- Lack of game plan
- No goals
- No accountability
- No structure
- No purpose

How do we stay on track?

- Develop a game plan
- Set goals
- Get an accountability partner
- Put structure in your day - time block
- Get a purpose - what is your mission?

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